SALISBURY STATE UNIVERSITY

SEAGULLS

1995

NCAA

WOMEN'S SOCCER

QUOTING COACH BERKMAN

(On Recruiting at SSU)..."We have a great school and a great product to offer with outstanding academics. Student-athletes have a chance to get a great education here, one of the best on the East Coast, I believe. We also have super facilities, both academically and athletically. And those are going to get even better."

(Tips For Choosing a College Program)..."The most important thing is whether or not there's a commitment to doing things in a first-class manner. A commitment to playing a great schedule, to traveling in a first-class fashion and a commitment to winning. A program should have full-time coaches who are there to help athletes with personal and academic needs as well as athletic needs."

(The Importance of Academics)..."It's the No. 1 thing, the top priority. We try to keep soccer fun, but we don't forget why we're here in the first place. We want our players to be at their best in the classroom just like we want them to reach their full potential as athletes."

(On Dual-Sport Opportunities)..."We encourage anybody who has the ability to excel at two or even three sports to do so. We support them 100 percent. We have a number of multi-sport athletes in the program right now. Playing more than one sport helps athletes stay in shape and gives them a chance to compete. It makes their athletic experience even more rewarding."

(Berkman's Ideal Student-Athlete)..."We want people who want to improve. We want people to be excited about getting better and to have the work ethic it takes to improve. We want people who are striving to be the best, in the classroom and on the field. We want people who love the game and love to play it, in season and out of season. And we want people who want to play the game at the highest level and who want to play in a program that will challenge to be an NCAA contender."

(On His Scheduling Philosophy)..."We want to play the best teams we can play. That's the only way to get better. We want to be challenged and play the best so we know what it takes to be the best. That's how you prepare to be a national contender on a year to year basis."

(On SSU's Athletic Facilities)..."I believe our facilities, from top to bottom, are the best at our level. From our new soccer complex to the fitness center with 25 pieces of Nautilus and other equipment to our new $100,000 free weight room, our facilities are second to none."

COACHING STAFF

Jim Berkman—Head Coach
It didn't take long for the most successful lacrosse coach in school history to make his mark in women's soccer. Directing a first-year varsity program in 1994, Jim Berkman led the Sea Gulls to the Capital Athletic Conference championship and earned CAC Coach of the Year honors along the way. What can observers expect to see in the second year?

"Hopefully, we'll be competitive against everybody that we play," says Berkman. "We want to be one of the top teams in the region and contend for a spot in the NCAA postseason tournament. I think our depth this season will be much better. We should be able to bring people off the bench and still keep the pressure up against an opponent."

Berkman, now in his eighth year overall in Salisbury, can always draw from his lacrosse experience as well as his previous soccer association to help chart the future of the young soccer program. His successful lacrosse background includes a 93-13 career record, two national championships, one national runner-up title, three national semifinal appearances and four undefeated regular seasons in seven years.

A graduate of St. Lawrence (NY) University, Berkman's previous soccer experience includes three years as assistant varsity and head JV coach at his alma mater prior to coming to Salisbury.

An accomplished all-around athlete, the Watertown, NY, native starred on the basketball team as well as the lacrosse squad at St. Lawrence, earning MVP honors in basketball as both a junior and senior. He also led the lacrosse team in scoring each of his last three seasons, earning all-America honors and playing in the prestigious North-South All-Star game as a senior in 1982.

After graduating from St. Lawrence in 1982, Berkman spent two years at Salisbury State while he earned his master's degree. He followed that with one successful season at Potsdam State, where Berkman coached the lacrosse squad to a school-record nine wins. He then returned to St. Lawrence from 1985-88, where he coached men's basketball in addition to his duties with the soccer program.

Wayne Gorrow—Assistant Coach
After serving as the women's soccer club coach for three seasons, Gorrow is now in his second year as an assistant to Berkman on the varsity level. In addition to his on-the-field duties, Gorrow coordinates many of SSU's administrative details. Two areas of primary responsibility include recruiting and transportation.

Gorrow is a 1979 graduate of the University and was a two-year letterman on the Sea Gull lacrosse team. Originally from Liverpool, NY, and now residing in Cambridge, MD, he also works in SSU's Recreation Office as director of clubs and intramurals.

Ron Anson—Assistant Coach
A former two-sport letter-winner at SSU, Anson is serving his second season as an assistant. The Wantagh, NY, native was a two-year starter as a back for the Sea Gull soccer team, and lettered for three years on the lacrosse team. He will work primarily with the goalies and the defense.

1995 SEA GULL ROSTER

NO.	NAME	POS	YEAR	HOMETOWN	HIGH SCHOOL
0	Lisa Garrison	G	Jr	Linthicum, MD	North County
00	Kristi Kauffman	G	Jr	Sinking Spring, PA	Wilson
1	Vicki Prince	M	Sr	Lothian, MD	Southern
2	Faith Bigelow	B	Sr	Arnold, MD	Broadneck
3	Danielle Urban	F	So	Salisbury, MD	Parkside
4	Jennifer Leach	F	Jr	Olney, MD	Good Counsel
5	Susan Sauer	B	Fr	Newark, DE	St. Mark's
6	Bea Moore	M	Sr	Frederick, MD	Middletown
7	Mandy Brooks	B	Sr	Medford, NJ	Shawnee
8	Amanda Kopchinski	M	So	Severn, MD	Old Mill
9	Erin Sargent	B	Jr	Rochester, NY	Penfield
10	Courtney Urban	F	Fr	Salisbury, MD	Parkside
11	Nicole Urban	F/M	Sr	Salisbury, MD	Parkside
12	Karen Mannion	M	Sr	Bel Air, MD	Catholic
13	April Quigley	M	Sr	Annapolis, MD	Broadneck
14	Katherine Hubley	B	Fr	Rockville, MD	Rockville
15	Shauna Donahue	F	Fr	Gambrills, MD	Arundel
16	Jennifer Tessier	M	Fr	New Market, MD	Linganore
17	Lauren Spears	B	So	Crownsville, MD	Old Mill
18	Cindy Parulis	M/B	Jr	Glen Burnie, MD	Old Mill
20	Jennifer Dawicki	B	Jr	Spotswood, NJ	Spotswood
21	Jen Vickery	B	Sr	Glen Burnie, MD	Northeast
22	Patti Jones	F	Fr	LaPlata, MD	LaPlata
23	Amy Fenzel	B	Sr	Jefferson, MD	Brunswick
24	Ava Tasker	F/M	Sr	Annapolis, MD	Broadneck
28	Jen Dodson	F	Fr	Hebron, MD	Mardela
30	Becky Keller	F/B	Jr	Salisbury, MD	Parkside

PLAYERS TO WATCH

Ava Tasker
Senior Midfielder
Annapolis, MD
One of the top players in the South Region, she earned all-Region honors in 1994...Also named to the all-conference first team...Led the Sea Gulls in scoring with 13 goals and 29 total points while finishing second in the Capital Athletic Conference scoring race...Two-year team captain...Talented all-around athlete who is also a starting guard on the basketball team.

Karen Mannion
Senior Midfielder
Bel Air, MD
A two-year team captain whose dedicated work ethic serves as an example for the rest of the squad...Has a great understanding and feel for the game...One of the best conditioned athletes on the team...Leads the defensive midfielders...Earned second team all-conference honors last year while scoring two goals and recording two assists.

Vicki Prince
Senior Midfielder
Lothian, MD
Joined the Gulls as a transfer from Anne Arundel CC last year and made an immediate impact... Earned first-team all-conference honors while finishing third on the team in scoring with four goals and 11 points...Scored the first two goals in the program's history to help SSU blank Western Maryland 3-0 in the 1994 season-opener.

Danielle Urban
Sophomore Forward
Salisbury, MD
Earned second-team all-conference honors last season while finishing second on the team in scoring with six goals and 14 total points...Recorded the first hat trick in team history with three markers against Frostburg State...An aggressive player who always seems to be around the ball...One of three Urban sisters playing on the 1995 team.

Mandy Brooks
Senior Back
Medford, NJ
Anchors the SSU defense from her sweeperback position...Displays the instincts necessary for making quick decisions as the last line of defense...A first-team all-CAC selectee in 1994...Joined the Gulls as a transfer from Burlington (NJ) CC...Helped the Gulls record eight shutouts in their first varsity campaign...Also scored two goals and added three assists in 1994.

Kristi Kauffman
Junior Goalie
Sinking Spring, PA
A strong and well-conditioned athlete who emerged as a talented goalie in her first season...Posted an .898 saves percentage and 0.83 goals against average in 1994...Named to the all-conference second team...Registered eight shutouts in '94...Made 10 saves in the '94 CAC championship game...Joins Tasker as a starter on the basketball team.

GULLS WIN CAC CHAMPIONSHIP

It would be hard to imagine having a more impressive first season. After several years of "club status," the Sea Gulls became an NCAA-recognized varsity program in 1994 and promptly won the Capital Athletic Conference championship. Salisbury completed a 13-5 first season, upset the No. 4 team in the nation on its field and received recognition in the South Region's top 10 rankings, a noteworthy achievement for even the most established programs.

Most of the core from that first team is back to build on its success in 1995. Senior midfielder **Ava Tasker**, a first-team all-conference player who was also named to the all-South Region team last year, is the catalyst for the Gulls. She is joined in the midfield by a nucleus that includes **Karen Mannion**, **Cindy Parulis** and **Vicki Prince**. **Mandy Brooks**, **April Quigley** and **Faith Bigelow** anchor the defense in front of goalie **Kristi Kauffman**. Three Urban sisters—**Danielle**, **Nicole** and **Courtney**—join **Amy Fenzel** and **Becky Keller** among those seeing action on the forward line.

The Sea Gulls enjoyed their impressive debut season in a new stadium facility last fall. The complex includes a newly sodded 120 x 75 field with an in-ground irrigation system, bleacher seating for 500 spectators, an electronic scoreboard and a two-level press box. SSU finished 7-1 at home in its first season.

Six players from the 1994 Sea Gull Squad were named to the all-Capital Athletic Conference first and second team. Pictured, left to right, are Head Coach Jim Berkman, CAC Coach of the Year Danielle Urban, Vicki Prince, Karen Mannion, Kristi Kauffman, Ava Tasker and Amanda Brooks.

'95 SCHEDULE

Date	Opponent	Time
SEPTEMBER		
7	Western Maryland	4:00
9	**SHENANDOAH**	1:00
12	**JOHNS HOPKINS**	4:30
16	Notre Dame	1:00
17	**CABRINI**	2:00
21	Marymount	2:00
23	Methodist	2:00
24	North Carolina Wesleyan	2:00
29	St. Mary's	4:00
OCTOBER		
1	**MARY WASHINGTON**	2:00
7	**RANDOLPH-MACON**	1:00
11	Virginia Wesleyan	4:00
14	**FROSTBURG STATE**	2:00
17	**GOUCHER**	3:30
21	**CATHOLIC**	noon
24-28	CAC Tournament	TBA

HOME GAMES IN BOLD CAPS

SSU QUICK FACTS

Location ..... Salisbury, MD
Founded 1925
Enrollment 6,000
Nickname ..... Sea Gulls
Affiliation ..... NCAA Division III
Conference ..... Capital Athletic Conference (CAC)
Director of Athletics ..... Dr. Michael Vienna
Athletics Dept. Phone ..... (410) 548-3503
Athletics Dept. FAX ..... (410) 546-2639
Head Coach ..... Jim Berkman
Record ..... 13-5, second year
Alma Mater ..... St. Lawrence '82
Coach's Office Phone ..... (410) 543-6389
Assistant Coaches ..... Wayne Gorrow, Ron Anson

Salisbury
STATE UNIVERSITY